



# CREMONA COMMUNITY ENGAGEMENT SITE

206 3rd Street East  
Box 141, Cremona, Alberta, T0M 0R0  
**Phone:** 403-337-4277  
**Fax:** 403-637-3830  
**email:** [coordinator@cremonaces.com](mailto:coordinator@cremonaces.com)  
**Website:** [www.cremonaces.com](http://www.cremonaces.com)

GROWING TOGETHER, LEARNING FOREVER  
"A Campus Alberta Central Learning Site"

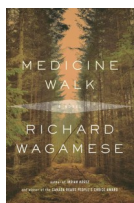


## GROCERY SHOPPING OUT YOUR BACK DOOR

With the high cost of groceries in the stores today wouldn't it be great to walk out your door and pick the produce fresh. Fresh fruit and vegetables on your table in minutes. Ray and Brenda Pereversoff, from Water Valley Forest Nursery, will be discussing garden plots, raised beds, cold frames and variety selections.

**DATE:** Tuesday, April 5th **TIME:** 7-9 pm  
**COST:** \$20/person Call, email or message to register.

## BOOK CLUB—Medicine Walk by Richard Wagamese



By the celebrated author of Canada Reads finalist *Indian Horse*, this is an unforgettable journey of a father and son, set in dramatic landscape of the BC Interior.

**DATE:** Monday, April 11th **TIME:** 3–4:30 pm  
**COST:** Free **LOCATION:** Cremona CES

## RAISING EMOTIONALLY RESILIENT CHILDREN



Join Julianne Harvey, a Crossfield native, as she discusses how the mistakes we make as parents are connected to the blind spots in our own identity. Julianne draws from her parenting experience to examine questions of identity and self-worth. Come learn some tools to put into your parenting toolkit! Julianne presented at our Women Inspiring Women Event.

**DATE:** Tuesday, April 26th **TIME:** 6:30 pm  
**COST:** \$25/person includes refreshments  
Please call 403 337-4277, email: [coordinator@cremonaces.com](mailto:coordinator@cremonaces.com) or message us on Facebook to register. **DEADLINE:** April 21st

## KOMBUCHA



Join Angela Valleau - Certified Holistic Nutritionist and Fermentation Enthusiast to learn how to make Kombucha. Kombucha is an "ancient fermented tea beverage" that has a natural effervescence (like bubbly carbonation) that is full of probiotics, antioxidants, B vitamins and so much more. The result can taste like something between sparkling apple cider and champagne, depending on what kind of tea and flavour you use.

**DATE:** Thursday, April 28th **TIME:** 6:30–8:30PM  
**COST:** \$55/pp **LIMIT 10 people/class**  
Class includes recipe, scoby and starter. **Participants need to bring their own mason jar.**  
Please call 403-337-4277, email [coordinator@cremonaces.com](mailto:coordinator@cremonaces.com), or message us on Facebook to register

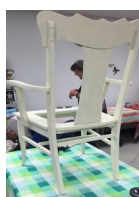
## MAGICAL FAIRY GARDENS



Join Jenn and create your own fairy garden. Class includes dirt and container (or bring your own) and a fairy or gnome. She will have plants and all her accessories available for purchase. You are encouraged to bring plants/natural elements that you would like to add. A perfect Mother's Day Gift to yourself!

**DATE:** Thursday, May 12 **TIME:** 5pm  
**COST:** \$25/person

## PLASTER PAINT 101



This class was such a big hit we are running it again! Plaster Paint is a NO-PREP (yes that means no sanding!!) way to refinish almost any surface ( wood, leather, plastic - you name it!) Best of all it dries extremely fast so projects - even large ones- can be done quickly! Bring your project - chair size or smaller - we don't leave until your project is

complete!  
**DATE:** Tuesday, May 17th **TIME:** 5:30PM  
**LOCATION:** Cremona CES  
**COST:** \$60/person Cost includes brushes - paint/wax can be purchased at class.  
Please call 403-337-4277, email: [coordinator@cremonaces.com](mailto:coordinator@cremonaces.com) or message us on Facebook to register.  
**DEADLINE TO REGISTER IS Tuesday, May 10th**

## CREMONA ENGAGEMENT SOCIETY AGM



Please join us and vote on decisions that will shape the future of learning opportunities in your community. Support this important learning center and help keep it active in our community.

**DATE:** Thursday, April 14th  
**TIME:** 5:30–6:30pm Presentation by Aurora MJ updating us on their first year of operation, 6:30–7:30 pm supper and AGM, 7:30–8:30pm presentation by Scott Davis on South America. FREE.

CAMPUS ALBERTA CENTRAL – New courses available online with support in your community!

- 1) Accommodation Guest Services Certificate
- 2) Accommodation Management Certificate
- 3) Land Analyst Certificate
- 4) Rural Finance and Entrepreneurship Certificate
- 5) The Tourism Business and Services Management Certificate
- 6) Veterinary Medical Receptionist Certificate



**FOR MORE INFORMATION GO TO:**

<http://campusalbertacentral.com/programs-courses/courselist.html>