



# CREMONA COMMUNITY ENGAGEMENT SITE

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## November News

GROWING TOGETHER, LEARNING FOREVER  
"A Campus Alberta Central Learning Site"

### BOOK CLUB

#### November 14th – "Close to Hugh" (Note time change)

This novel takes an exuberantly existential look at youth and age, art and life, love and death over one week in the world of gallery-owner Hugh Argyll.

**TIME:** 1 PM      **COST:** Free      **LOCATION:** Cremona CES

### MOUNTAIN BLUEBIRD

Come out for an enjoyable evening to hear Dick Stauffer speak about the Mountain Bluebird. Dick has done "citizen science research" on, egg laying, egg incubation, banding, blowfly infestation and nest box preference.



**DATE:** Tuesday, Nov. 1      **TIME:** 7:00 PM

**COST:** \$15      **LOCATION:** Cremona CES

**DEADLINE TO REGISTER:** Tuesday, October 25th

### FERMENTING FOOD – Gingered Carrots

There are 4 main health benefits to eating traditionally fermented foods. Traditional fermented foods help balance the production of



stomach acid, act as a potent digestive aid, are beneficial for people with diabetes, and produce numerous unknown compounds that destroy and inhibit the growth of pathogenic bacteria. Join Angela to learn how to

ginger carrots harvested from your garden.

**DATE:** Monday, November 7      **TIME:** 6:30 – 9 pm

**COST:** \$55.00 *All supplies provided, please bring a cutting board, sharp knife, grater, a large bowl and a tea towel.*

**LOCATION:** Cremona CES      **Deadline to register:** Nov 1st

### BUSINESS CARD ADVERTISING AVAILABLE !!

As the Carstairs Courier newspaper is now integrated into the Mountain View Gazette, we are excited to offer the ability to place business card ads in our monthly newsletter. The newsletter goes out to +1200 people in the communities of Carstairs, Cremona, Crossfield and Water Valley. We are offering this service for a cost of \$25.00 a month, for a 10 month period from September to June each year. That is an annual cost of \$250.00. As a not-for profit society we are engaged in enhancing lifelong learning in our community, we look for ways to insure we consistently offer interactive educational opportunities to community members, and we would welcome local business as a partner in this mission by sharing your business information through our newsletter. Please call 403-337-4277 or email: [coordinator@cremonaces.com](mailto:coordinator@cremonaces.com) to get started.

### AFTER SCHOOL SEWING

**Project 1:** Students will be constructing an insulated soup bowl cozy. Kit included in price of class. Students will leave with 2 bowl cozies.



**DATE:** Wednesday, Nov. 9th      **TIME:** 3 to 6pm (Note time)  
**COST:** \$40/student      Come to class with basic sewing supplies.

**Deadline to register is November 2**



**Project 2:** Students will be constructing a small square tote suitable to hold nail polish, school, sewing or craft supplies.

**DATE:** Wednesdays, Nov 23 – Dec 7th

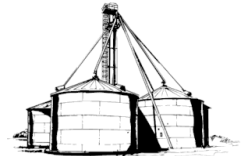
**TIME:** 3 to 5 pm

**COST:** \$55/student Supply list available when you register.

**Deadline to register is November 16**

### MANAGING STORED GRAIN

Join us to answer some of your key questions for Managing Stored Grain:



Why do we store grain? What are the ways to store grain? What happens to grain when it is stored? What are some things to

lookout for when storing grain? What makes grain storage in Alberta better or worse than other places in the world? How can we make the storage work for us, saving or making money? What are some grain storage best practices? What equipment or systems are available that can make grain storage easier and let you sleep at night?

**NEW DATE: Tuesday, November 15th**

**TIME:** 7:00 to 9:00 p.m.

**COST:** \$20/PERSON

**DEADLINE TO REGISTER: Tuesday, November 8, 2016**

### TEA & TRAVEL – Egypt

Susan will bring a whole new perspective to Egypt as Rod and she lived in that country for several years.

**DATE:** Tuesday, November 15th

**TIME:** 1PM

**COST:** \$5

(includes tea and goodies)

**Please RSVP by November 8th**



### WOLF WILLOW WOMEN'S GROUP

#### ANNUAL QUILT RAFFLE

Large Queen Quilt valued at \$1500.

Proceeds to *Santa's Anonymous Mountain View Emergency Shelter*

*Early Literacy Book Bag Program*

**Tickets: \$2 each**

**Call Peggy-403-637-2253 or**

**Jan-403-637-3937**

**Draw @ Winterfest, December 3rd.**



### A Personal Directive, A Will, A Legal Toolkit

Planning for disability or death is never pleasant. An enduring power of attorney, a personal directive, & a will are basic to building your plan. In this presentation you'll learn about these basic legal tools & what's involved in acquiring them. You'll also learn about the changes brought about by the Wills & Succession Act, recent legislation in this area.

**DATE:** Wednesday, November 16th **TIME:** 6:30 – 8:30 pm  
**COST:** \$20 **Deadline to register:** November 9th

### GOAT MILK SOAP

This fun evening class will go through the steps and recipes to make cold process soap. When the class is finished, you will get to take home the recipe, mold and soaps you made in class! Wash your hands with the fruits of your labour.



**DATE:** Mon., November 21st **TIME:** 6:00 – 9:00 pm  
**COST:** \$65.00 **Deadline to register:** November 15th

### GOOGLE DOCS/DRIVE

Join Trish Murphy, Cremona School Tech E.A. to explore google drive, storing and managing your documents and emails, in order to create collaborative work with your business partners, students and fellow colleagues.



**DATE:** Thursday, Nov. 24th & Wed. Nov. 30th  
**TIME:** 7:00 – 9:00 pm **COST:** Free

**Deadline to register:** November 12th

### FRESH EVERGREEN CHRISTMAS SWAG

Join Dawn to make a fresh Christmas swag for your door or wall. Instructions with pictures, all the fresh greens, berries and cones are supplied for this course. Bring wire cutters that are heavy enough to cut coat hanger, wide decorative ribbon of your choice and other embellishments that you like if you don't want to use the conventional cones and berries.

**DATE:** Thursday, December 1, 2016  
**TIME:** 6:00 – 9:00 pm **COST:** \$65/person  
**Deadline to register:** Nov. 23

### STAINED GLASS CLASSES – \$75

Would you like to learn how to make stained glass? All materials and tools will be provided. Wear long pants and sleeves, closed shoes and bring an apron. Max. 6 participants per class, age 16+  
**TIMES:** 6 – 9 pm for all classes In Studio S.W. of Cremona  
**Beginners' classes** - basic stained glass techniques + make a small project.

**DATES:** November 1 & 2 **or** 8 & 9 **Deadline ASAP**

**Intermediate class** - learning how to cut glass in different shapes - ovals, circles, waves + make a small project

**DATES:** November 15 & 16 **or** 22 & 23 **Deadline Nov. 7**

**Making Christmas ornaments with stained glass or fused glass**

**DATES:** Nov. 29 & 30 **or** Dec. 6 & 9 **Deadline Nov. 22**

**CALL:** 403- 860-4403 **or email:** canario852@rogers.com to register.

### 2016 CREMONA & DISTRICT SANTA'S ANONYMOUS November 16 – December 12

Confidential Telephone No. 403 816-0644 - Please call our **CONFIDENTIAL** telephone number for a Self -Referral by Dec. 12, 2016!

We will have donation tubs placed around Cremona & Water Valley for "new items" (toys, books, etc) for children from infancy to 18 years. We also have a bank account at the Mountain View Credit Union for donations.

## THE CREMONA LIONS CLUB



### ANNUAL GARAGE SALE & CHARITY AUCTION

**SATURDAY**

**NOVEMBER 5, 2016**

CREMONA COMMUNITY HALL

**GARAGE SALE 9:00 am – 4:00 pm**

**LIVE AUCTION SALE STARTS AT 7:00 pm**

**Donations accepted for the garage sale**  
Hall open Friday 9:00am – 4:00pm for drop-off  
**PLEASE NO MATTRESSES, TV'S, OR JUNK!**

**FOR MORE INFORMATION & PICKUP CONTACT**

**Bill Leask 637-3914/Grand Bird 337-2042/Larry Steeves 637-2873**  
Or Any Lions Club Member

**"Help the Lions Help the Community"**

Benefits the Cremona School Enhancement Society & other Lion's projects

### Cremona Community Hallboard

Presents

### VELVET HAND

THE PREMIER PRAIRIE PARTY BAND

*Beatles and 60's Revival Show*

Saturday, November 19, 2016  
7 pm

Cash Bar/Coffee/Lunch

Tickets \$25 Adult, \$15 Students

Tickets Available at Mountain View Credit Union  
or call Mary Thomson 403-637-2458



Alberta  
Foundation  
for the Arts

### Cremona Winterfest 2016

December 3rd



**Craft and Artisan Sale**

Multi-Venues

Unique and hand crafted gifts!



Children can shop at "Santa's Workshop" in the Community Hall

Visit our Special Guests in the Cremona school Gym

Enjoy a horse drawn wagon ride around the village  
support local groups that will be fundraising

Tables are \$40 each, only one table per vendor.

If you have any questions or wish to book a table e-mail fcsc@cremona.ca or  
call (403)510-4521

### CHRISTMAS CARD FRENZY

Come out and get a head start on your Christmas Cards.

You will make 20 cards (5 each of 4 designs). All you need to bring are scissors, a glue stick and double sided tape.

**DATE:** Wednesday, Nov. 23

**TIME:** 6pm – 9pm

**LOCATION:** Cremona CES

**COST:** \$40

**Deadline to register Nov. 16th**