



# CREMONA COMMUNITY ENGAGEMENT SITE

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GROWING TOGETHER LEARNING FOREVER  
"A Campus Alberta Central Learning Site"

## BOOK CLUB

October - Monday, October 6th (date change due to Thanksgiving)

*The Little Old Lady Who Broke All the Rules* by Catharina Ingelman-Sundberg

Readers around the world have fallen in love with the Senior League, five residents of the Diamond Retirement Home – Martha, The Genius, The Rake, Christina and Anna-Greta – who turn to a life of crime.

New owners have taken over the Diamond, making cost-cutting changes that have transformed the happy home into a dull and dreary place. The residents wonder if they wouldn't be better off in prison!

November - Monday, November 10th

*The Unmentionable History of the West* - by Nancy Millar *Author will be in attendance*

The Unmentionable History of the West is a fond romp through the underwear that men and women wore in days gone by. Think of corsets, navy blue bloomers, long underwear with its trap door and brassieres that could kill. Please register as space is limited. 403.337.4377

**NEW TIME - Second Monday of the month 3:30 - 5:00 pm in the Cremona CES.** If you wish to read this book please contact the Cremona Library to reserve a copy.

## COMPUTER HELP DROP-IN

Become more comfortable and learn new things about computers, iPads or cell phones that will help you overcome your fears and increase your knowledge. Come to the site for some one on one or small group help. Please call ahead to tell us what you want to learn.

**CALL FOR AN APPOINTMENT TIME THAT WORKS FOR YOU. 403.337.4277 COST: FREE**

## SCRAPBOOKING - With Heritage Makers

Keltie will help participants learn how to scrapbook digitally with Heritage Makers by making a Christmas card. Bring 2-3 digital pictures on a stick that you would like to include in your card. Pre-register 1 week ahead to take advantage of a 1 month free Premier account. Bring your laptop or one can be provided.

DATE: Monday, October 20th

COST: \$20/PERSON MIN NEEDED: 5

Call 403 337-4277 or email: [cremonaces@gmail.com](mailto:cremonaces@gmail.com) to register

## TRAVEL TIDBITS

### Cumbria & Scotland

Date: Tuesday, October 21 Time: 11am – 12:30pm  
Cost: \$10/person (lunch included)

Jan will show her pictures of the summers trip to Cumbria, England and tour of Scotland from Glasgow to Golspie and Dunrobin Castle on the North Sea, through St. Andrews to Edinburgh.

Please RSVP by October 14, 2014

Call 403-337-4277 or email: [cremonaces@gmail.com](mailto:cremonaces@gmail.com)

## ENERGIZED QUILT

This class is suitable for beginner to experienced quilter. Create the Quilt "Energized" from Barbara Persing and Mary Hoover's Book - StrataVarous Quilts. The process involves creating panels of fabric with strips and then cutting the blocks from this strips. Some homework required. \$10 Book purchase required



DATES: Wednesdays: Oct. 22, 29, Nov. 5, 12 & 19

COST: \$100/person + cost of supplies

TIME: 7 - 9 pm

Bring your own machine or there will be some available to use at this time.

Please call 403 337-4277 or email: [cremonaces@gmail.com](mailto:cremonaces@gmail.com) to register. Minimum 5 participants

Deadline to register is Wednesday October 15th.

## AFTER SCHOOL SEWING CLASS

**WHO:** students in Grades 5 & 6

You will learn to use a pattern, take measurements, make a casing and hem. You will sew a pair of sleep pants.

DATES: Wednesday's October 22, 29, November 5 & 12

TIME: 3:30 - 5:00pm

COST: \$60/student Student will supply the material and matching thread of their choice for the pants

**INSTRUCTOR:** Dorothy Cornforth **LOCATION:**

Cremona CES Please call 403 337-4277 or email:

[cremonaces@gmail.com](mailto:cremonaces@gmail.com) to register.

Minimum 4 participants

Deadline to register is Wednesday October 15th

## H2S ALIVE

*This course is intended for all workers in the petroleum industry who could be exposed to hydrogen sulphide (H2S). The primary focus is to work safely in and around H2S environments.*

This course covers:

Physical Properties of H<sub>2</sub>S, Health Hazards of H<sub>2</sub>S, How to protect oneself from H<sub>2</sub>S

Each employee is required to:

Operate a self-contained breathing apparatus, A detector tube device, Perform rescue breathing, Perform rescue techniques

An industry standard certificate valid for three years is issued upon successful completion of a written examination and demonstration of the required skills with a minimum score of 70%.

**Note: Course starts at 8:30 am sharp. Students who are late may be refused admission. It is recommended that ladies wear slacks or jeans.**

**DATE: Saturday, November 1**

**TIME: 8:30 AM – 4:30 PM**

**COST: \$140.00 + GST**

**LOCATION: Cremona CES 206 3<sup>rd</sup> Street East (S.E. Entrance to Cremona School)**

**We do require a minimum of 6 people to attend the course. Upon successful completion of the course a temporary certificate is issued and a permanent is mailed directly to the attendee by Enform.**



CALL 403.337.4277 or email: [cremonaces@gmail.com](mailto:cremonaces@gmail.com) TO REGISTER

### PLEASE NOTE DATE CHANGE!!!! BASIC SIGN LANGUAGE COURSE

Sign Language benefits many people and children every day in different kinds of situations. Join us to learn for the future!

**WHEN:**

Mondays, Oct. 27, Nov. 3, 10, 17, 24, Dec. 1, 8, 15

**TIME:**

7PM – 8:30PM (7-8 course, 8 – 8:30 games)

**COST:**

\$90/person (any age welcome)

**LOCATION:**

Cremona CES (SE entrance of the school)

**INSTRUCTOR:**

Tessa Lerbekmo-Joyes

Course Includes: Alphabet, numbers, emergency/health signs, booklet and flashcards

**TO REGISTER CALL 403.337.4277**

**email: [cremonaces@gmail.com](mailto:cremonaces@gmail.com)**



## CHRISTMAS CARD FRENZY

**GET READY FOR CHRISTMAS.  
COME AND MAKE 20 CARDS WITH ENVELOPES,  
5 EACH OF 4 DIFFERENT DESIGNS.**

**DATE: THURSDAY, NOVEMBER 13**

**TIME: 6PM—10PM**

**COST: \$40/PERSON, ALL SUPPLIES PROVIDED**

*Youth under 14 welcome but must be accompanied by a parent*

**LOCATION: CREMONA CES (S.E. door at school)**

Call 403.337.4277 or email: [cremonaces@gmail.com](mailto:cremonaces@gmail.com) to register. Register before November 6<sup>th</sup>. Maximum 10



### CREMONA COMMUNITY ENGAGEMENT SOCIETY



October meeting of the Cremona CES Advisory Council will be held on Thursday, October 16<sup>th</sup> 7 pm at the Cremona CES (S.E. entrance to Cremona School) Everyone is welcome to attend. Please feel free to bring comments, criticisms and ideas to the meeting.

*Thank you to the Cremona Lions, Cremona Rec. Board, Cremona FCSS, County of Mountain View, TransCanada Corporation, Campus Alberta Central, and Cremona School and CESD for their generous support of the Cremona Community Engagement Site over the past year. Thank you to all the community members who have shared their expertise and travel experiences with all of us. To the Engagement Site Advisory Council for the commitment, guidance and vision that has kept this community asset operational.*